



CGN

Courthouse Green Network News

Monday 25th April 2016

Reporters: Jerel, Natalia, Mia.

Editor: Mr Davoile

Happening in Courthouse Green.

Year 5 have returned from their Skern Lodge residential trip. No doubt you will have seen their assembly by now. We wanted to get some more personal reflections of the Skern experience and so our reporters spoke to Skern veterans Ethan Chambers and Mekhai Stewart to get the low down.

I learnt that you get more confident if you give something a go. I tried rock climbing and was nervous at the start. The instructors reassured us that they ropes were safe and you couldn't fall. By the end I tried the hard wall. I was even confident enough to help Emaelia conquer her fear of abseiling. I went ahead of her to show her that it was OK and nothing to fear.



What have you learnt from your experience at Skern Lodge?

Well the most important thing I learnt was to overcome your fears. I was nervous about going but I went and loved it! I wasn't sure about my room or the food or the activities but they were actually great. I would definitely recommend going even if you are nervous.

Questions:

- How do you think the Courthouse Green growth mind-set helped Ethan?
- Have you ever over come your fears? When? What was the outcome?
- What strategies might you use to overcome your fears?
- When have you shown courage or confidence?
- How did you feel after you displayed that quality?

CGNN Courthouse Green Network News

Happening in Courthouse Green.

When trying to be cool is being a fool!



Watching videos on **You Tube** can be great fun but some inappropriate clips are raising concern for teachers, parents and children.

The videos in question dare children to take on silly and dangerous challenges which have resulted in serious injuries. One of them is the 'rubber challenge' which asks children to rub an eraser on their skin until it bleeds. Another, even more dangerous challenge, is the salt and ice challenge in which children hold ice and salt in the palm of their hands. The reaction between the elements leads to the ice becoming super cold (-17o C) causing serious cold burns.

Doctors have warned that the consequences of taking part in these challenges is REALLY serious. For a start it can leave burns which will leave ugly scars and in more serious cases the burns can become infected and lead to the child being taken to hospital. In one case a child had to have surgery because his burns were so bad.

CGNN advises that you never try any of these challenges because they are really dangerous and can lead to permanent disfigurement. We think that it is foolish to give into peer pressure (pressure from friends) to do something dangerous.

Questions:

- Why are these challenges foolish to take on?
- What could be the consequences?
- Do you think the children in picture will be scarred for life?
- What is peer pressure?
- What should you do if someone tries to pressure you to do a challenge?
- What does the title mean-*When trying to be cool is being a fool?*





Last Thursday was the Queen's 90th birthday. To put that into perspective – she has lived 9 times longer than a year 5 child.



When she was born, in the 1920s, there were no mobile phones, no computers, no TV sets and most people travelled on horse or on foot! Aeroplanes were made from wood and canvas and could only carry 4 or 5 people so exotic foreign holidays were out! In fact the Queen was even alive during the 2nd World War when our country fought for freedom and democracy (which you will learn more about in year 6).

She is the longest reigning monarch in British history, and with coronations, marriages, royal births, and big events, the Queen has seen a lot in her 90 years!

CGNN

Questions:

- How have things changed since the Queen was born?
- How would you feel if you lived in the 1920s? What would you miss?
- The Queen has been an important part of Britain for 90 years. During this time she has always told the world how great our country is. How do you feel about this?
 - Do you think our country is great? Why?
- Think about all the amazing things we are lucky enough to have as British citizens. What thing are you most thankful for? What do you think the Queen would be most thankful for?

