



THE BIG QUESTION CAN YOU THINK YOURSELF HAPPY?

Is it okay to feel **WORRIED...**

In this story, the young girl takes her heart and puts it in a safe place.
Where would your safe place be?



Our Core Value Champion

Place2Be is a children's mental health charity that provides counselling and mental health support and training in UK schools. Her Royal Highness, the Princess of Wales, helped Place2Be launch the first ever Children's Mental Health Week in 2015 and has supported the campaign, encouraging more people to get involved and spread the word each year.



1

WHAT DOES THE
EMPTY CHAIR
REPRESENT IN THE
STORY?

2

WHY IS IT IMPORTANT TO
HAVE CHARITIES LIKE
PLACE TO BE?

3

WHAT DOES THIS STORY
TELL US ABOUT HOW
PEOPLE SOMETIMES REACT
TO DIFFERENT EVENTS IN
THEIR LIVES?