



THE BIG QUESTION

SHOULD WE ALWAYS STAND UP AGAINST DISCRIMINATION?

What is discrimination? What would you do if someone was discriminating against someone else?

Our Core Value Champion

Troy Deeney (born 29 June 1988) is an English professional **footballer** who plays as a **striker** for and captains **EFL Championship** club Birmingham City. He grew up in the notoriously tough Chelmsley Wood estate in Birmingham and has supported his local team since his childhood. He has worked hard for everything he has achieved in life, in both his personal life and his career as a professional.



Deeney reported that he heard racist abuse directed at the striker from fans sat in the home end of Birmingham City's St Andrews' Stadium and was also reported by fans.

Deeney said: "I can take criticism and people coming at me better than most, but one thing I refuse to take is racial abuse - and for the first time in my career it was done by an individual supporting my own team.

"And to anyone that thinks the campaigning that I and others have done over the last few years in regards to racism is pointless or distracting, I ask that you try and understand that to be abused about something you literally have no control over is a feeling NO ONE should ever have to be subject to." "I'd like to thank the fans that came forward and made it known to the club - it's good to see there are still people that are able to see right from wrong."

A Birmingham club statement read: "Blues gives its full support to Troy and is appalled and saddened that yet again, one of our players is not safe from discrimination on the football pitch. There is no room for racism in the game."

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WHAT IS
DISCRIMINATION?

2

WHAT WOULD YOU SAY
TO SOMEONE WHO IS
BEING DISCRIMINATORY?

3

HOW CAN WE HELP TO
STOP
DISCRIMINATION?

What Parents & Carers Need to Know about iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

WHAT ARE THE RISKS?

PHYSICAL DAMAGE

While some tablets (such as the Amazon Fire Kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

INAPPROPRIATE CONTENT

18
CENSORED

Even if it would never occur to your child to go searching online for age-inappropriate sites, apps or information, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

SIRI SUGGESTIONS

The parental controls built into iOS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settings menu.

Advice for Parents & Carers

ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able to use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.

APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.

STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny) it. This option only becomes available if you've set up Family Sharing.

SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can step the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.

TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech-based *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



How do you use your iPad?
How does it help you?

What are the risks involved with iPads?

What advice has been given to parents and carers?