

Are you the parent/carer of a child aged 0-8 who has additional needs?

Brighter Beginnings: Free Workshop Programme

After a series of successful sessions in 2017 **Contact for families with disabled children** are returning to offer parents/carers of children who have SEN and Disabilities a series of 6 **FREE** informative workshops (attend as many as you want) from Wednesday 7th November - 12th December 2018 (10am -12 noon)

Venue: SEND Information, Advice and Support Service, Limbrick Wood Centre, Thomas Naul Croft, Tile Hill, Coventry, CV4 9QX



Wed 7th November 2018 Welcome Session

- Workshop overview and getting to know each other

*"Really in-depth, would recommend"
Parent 2017*

Wed 14th November 2018 Understanding Sleep

- The importance of sleep and why sleep problems may occur
- How to introduce a sleep routine
- Top tips to help

Wed 21st November 2018 Building Parental Confidence

- Develop better communication skills and recognise your strengths
- Feel more confident to make decisions about your child
- Prepare for meetings with professionals

Wed 28th November 2018 Encourage Positive Behaviour

- Understand the reasons for behaviour
- Working with others to encourage positive behaviour
- Top tips to help

*"Very informative, clearly delivered"
Parent 2017*

Wed 5th December 2018 Money Matters

- Know how to improve your finances
- Understand what you're entitled to
- Know where to get support

Wed 12th December 2018 Support for You

- Feel more confident in asking for support
- Relationship support - Top Tips
- Siblings support - Top Tips

To book a place or for further information please contact:

SEND IASS Tel: 024 7669 4307 or

Email: iass@coventry.gov.uk

contact For families with disabled children

